

# TALK NOW

## MENTAL HEALTH AND ADDICTIONS VIRTUAL CLINIC

### THE TALK NOW MENTAL HEALTH AND ADDICTIONS VIRTUAL CLINIC IS EXPANDING!

We are now offering virtual services to all ages.



If you need help with a mental health and/or addictions concern please call 705-876-5826 to be connected with a mental health professional.

#### CALL

Monday: 8:30 a.m. - 3:30 p.m.

**Tuesday: 8:30 a.m. - 8:00 p.m.** *Now with expanded hours and evening availability*

Wednesday: 8:30 a.m. - 3:30 p.m.

Thursday: 8:30 a.m. - 3:30 p.m.

Friday: 8:30 a.m. - 3:30 p.m.

Virtual sessions with children and youth under the age of 12 are provided as a shared session for a parent/caregiver and the child or youth.

In person appointments may be available upon request.

Services can only be provided for children age 11 and under in shared custody situations when consent for service is provided by both parents/caregivers.